

We have a lot of enquiries as to why the Craniosacral Therapy Academy only has courses at this stage in Sydney and Adelaide. So we would like to explain -

Pat Farnsworth DRM, RCST is the main teacher at the Academy and has been teaching Myofascial Release and Craniosacral Therapy for over 20 years. Pat is the most qualified Craniosacral Therapist in Australia and runs a very busy clinic in Adelaide that is booked out around three weeks ahead. Pat is a believer of setting an example to her students and to the Craniosacral community by maintaining a practice and also updating her skills on a continual basis. She does not rest on her laurels. Pat also has been teaching all levels of Somatic CST both in Sydney and Adelaide. She teaches both day and weekend courses throughout the year. As you may see with our timetable for Somatic CST, this is an exhausting and punishing schedule indeed!! To make matters more complicated Pat assists at many overseas guest Craniosacral Specialty seminars such as the Milne Institute retreats and Biodynamic classes.

As a result Pat regrets that she is physically not able to travel at this stage to Melbourne, Perth or Brisbane.

We are looking at this issue by training others to teach certain levels of the course but this will take time. To become a CST teacher is a very specialised position in the bodywork community and requires a very high degree of technical skill, perception, experience and maturity. There are some who can teach myofascial release or Craniosacral Therapy but very few who teach it well. The Academy teaches to the high standards required by the Craniosacral Therapy Association of Australia.

The Academy has a policy where it will not employ the services of a teacher unless they have all the right attributes to teach at the high level that the Academy delivers at the moment.

Be rest assured we are aware of your interests and in the interim can only suggest that you check out our timetable and book a cheap flight to either Sydney or Adelaide. Before you book a flight please check with our offices as many of the courses book out quickly and we want to ensure that you are looked after.

Assuring you the best of service,
Peter Farnsworth DRM, ND
Course Co-ordinator